

Shadowlands

artist's statement

If you are enjoying my artwork — thank you! Please consider adding your name to my priority email list by scanning the code. You will receive invitations to special events and first access to my new work..



With these paintings, I explore the meeting of light and shadow as both a natural and inner landscape. Through layered colour and intuitive gesture, these paintings reflect seasons of uncertainty, waiting, and transformation—spaces where clarity is not immediate, yet presence remains. Rather than opposing darkness, the work considers how light is shaped, deepened, and revealed through it. In attending to these in-between places, the paintings invite reflection on faith, trust, and the quiet work of becoming, where meaning often emerges gradually and hope is carried within the unknown.

artist's bio

Cindy Bouwers



Alberta born, Cindy obtained her BFA in Visual Communication Design and built a 20 year career as an accomplished graphic designer. When considering a change she taught several design courses at the Alberta University of the Arts and also decided to explore a long buried desire to paint and pursue her own artwork. Now, 15+ years along in this artmaking journey, she is a full time painter and has forged a new creative path producing a rich body of work that explores emotion, light and landscape.

Cindy has been juried into a number of group shows in Calgary, Edmonton and Toronto and her most recent award was the Duggan Landscape Award presented by the Society of Canadian Artists. Cindy is an active member of the Calgary Artist's Society and the Riverview Artists Group and also is represented by Lineham House Gallery. She presented a solo show titled BEYOND SIGHT in 2017 at the Ambrose University Gallery in Calgary, and WANDERING WAYS at the After Hours Gallery in Edmonton in 2019. In 2020 she collaborated with Jean Pederson to present, OF A CERTAIN AGE, at the Leighton Art Centre.

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A journey through emotion and experience. . .

Shadowlands explores the meeting place between light and shadow within the natural world and within our inner lives. Through layered colour and intuitive gesture, these paintings reflect moments of uncertainty, waiting, and transition — times when clarity is not immediate, yet presence remains.

In many of the paintings you will see dark areas that dominate the composition. Darkness is prominent and the light penetrates—Strong contrast and , the work considers how light is shaped, deepened, and revealed through shadow. In nature, shadow offers shelter and nuance, allowing colour and form to soften and expand. In a similar way, the paintings attend to emotional and psychological landscapes where meaning often emerges gradually, through attention and patience. There is an invitation to an appreciation of beauty, light and clarity without fear of observing the dark, the uncertain or the confusing.

Shadowlands can be understood as a place where we grapple with what cannot yet be comprehended. These in-between spaces invite trust, faith, and the quiet work of becoming. Rather than offering clear narratives or direction, the paintings open a landscape to enter, linger within, and seek passage through. They invite the viewer to linger in the in-between — to notice passages, pauses, and places of quiet refuge. These shadowed spaces reflect inner worlds shaped by memory, emotion, and experience, where questions coexist with trust and clarity unfolds slowly.

Shadowlands offers an open terrain for reflection, suggesting that even when the path is not fully lit, light continues to move within the unknown.

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In many of the paintings, dark areas dominate the composition. Darkness is prominent, and light penetrates through strong contrast. The work considers how light is shaped, deepened, and revealed through shadow. In nature, shadow offers shelter and nuance, allowing colour and form to soften and expand. In a similar way, these paintings attend to emotional and psychological landscapes where meaning often emerges gradually, through attention and patience. They invite an appreciation of beauty, light, and clarity without fear of observing what is dark, uncertain, or confusing.

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Rather than offering clear narratives or direction, the paintings open a landscape to enter and linger within, suggesting passage rather than resolution. They ask the viewer to pause in the in-between—to notice moments of stillness, transition, and quiet refuge.

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