

Shadowlands

artist's statement

A journey through emotion and experience . . .

Shadowlands explores the meeting place between light and shadow within the natural world and within our inner lives. Through layered colour and intuitive gesture, these paintings reflect moments of uncertainty, waiting, and transition—times when clarity is not immediate, yet presence remains.

In many of the paintings, dark areas dominate the composition. Darkness is prominent, and light penetrates through strong contrast. The work considers how light is shaped, deepened, and revealed through shadow. In nature, shadow offers shelter and nuance, allowing colour and form to soften and expand. In a similar way, these paintings attend to emotional and psychological landscapes where meaning often emerges gradually, through attention and patience. They invite an appreciation of beauty, light, and clarity without fear of observing what is dark, uncertain, or confusing.

Shadowlands can be understood as a place where we grapple with what cannot yet be fully comprehended. These in-between spaces invite trust, faith, and the quiet work of becoming.

Rather than offering clear narratives or direction, the paintings open a landscape to enter and linger within, suggesting passage rather than resolution. They ask the viewer to pause in the in-between—to notice moments of stillness, transition, and quiet refuge.

Shadowlands offers an open terrain for reflection, suggesting that even when the path is not fully lit, light continues to move within the unknown.